

Physical Activity Log

Name		
Teacher		Per _____
Date	Physical Activity Description	Minutes
Mon		
Tue		
Wed		
Thu		
Fri		
Sat		
Sun		
	Week 1 Total →	
Mon		
Tue		
Wed		
Thu		
Fri		
Sat		
Sun		
	Week 2 Total →	
	Total Minutes →	
Parent		
Signature		

