



Responsibility

PurposeFULL
People

5th Grade Family Connection



Overview

This month we are talking about Responsibility. One way to define Responsibility is “taking action and understanding the impact of our choices.” Taking action can mean doing the right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others.

Responsibility is 1 of 3 traits we will focus on throughout the year that helps students Be Strong.

Throughout the school, students will be developing skills like focusing, organizing, and goal-setting.

In The Classroom

While practicing Responsibility this month, 5th grade students will be focusing on goal-setting. Students will practice setting an important target to work towards, anticipating obstacles, and making a plan. They will do this by using TOP Goals.

TOP stands for...

- **Target:** Visualize your goal and think about why this is important for you.
- **Obstacles:** Plan for challenges. If _____ gets in the way, then what can you do?
- **Plan:** Create 3 action steps you will need to take to complete your goal.

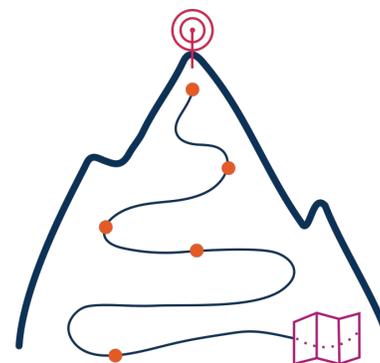
This technique helps students be more Responsible by clarifying different types of goals and taking thoughtful actions to achieve them.

Conversation Starters

- Share the 3 parts of the TOP Goal model.
- How does Responsibility help us reach our goals?



Target
Obstacles
Plan
GOALS





Responsibility

PurposeFull Pursuits

PurposeFULL
People

Have some fun connecting as a family this month while practicing Responsibility. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

Pursuit #1

As a family, think of ways in which you might make someone's life a little easier by helping a neighbor or family friend with 1 of their Responsibilities. Could you bring the garbage to the chute or out to the curb? Could you carry things in from the grocery store? Could you invite someone over for a meal or a show?

Pursuit #2

Review Responsibility as a family! Responsibility is taking action and understanding how our choices affect others. Choose 1 household chore (or more!) that requires multiple steps. Then have each member of the family select 1 step to complete to help get the job done!

Maybe it is washing the dishes, doing laundry, cleaning the living room, or unloading the groceries - whatever it is, see who can be the quickest or most effective at their task!



Pursuit #3

We have all demonstrated Responsibility in our lives. Many of us have seen people practice Responsibility in ways that have inspired us. Stories are powerful tools for connecting as a family. Protect time this week to share stories about Responsibility with each other (you can use the story prompts to get started). At the end of the conversation, think of 1 way you can practice Responsibility this week.



Story Prompts:

- A time I (or someone else) showed Responsibility was _____.
- An act of Responsibility that changed/challenged me was _____.

