

**SENTINEL HIGH SCHOOL**  
**BELL SCHEDULE**

**REGULAR SCHEDULE (Monday, Tuesday, Friday)**

|              |                      |
|--------------|----------------------|
| Period 0     | 7:00 – 7:50          |
| Period 1     | 7:55 – 8:45          |
| Period 2     | 8:50 – 9:40          |
| Period 3     | 9:45 – 10:35         |
| Period 4     | 10:40 – 11:30        |
| <b>LUNCH</b> | <b>11:30 – 12:15</b> |
| Period 5     | 12:20 – 1:10         |
| Period 6     | 1:15 – 2:05          |
| Period 7     | 2:10 – 3:00          |

**WEDNESDAY BLOCK SCHEDULE**

|              |                      |
|--------------|----------------------|
| Period 0     | 7:00 – 7:50          |
| Period 1     | 7:55 – 9:25          |
| Period 3     | 9:35 – 11:05         |
| <b>LUNCH</b> | <b>11:05 – 11:45</b> |
| Period 5     | 11:50 – 1:20         |
| Period 7     | 1:30 – 3:00          |

**THURSDAY BLOCK SCHEDULE (Early Dismissal)**

|              |                      |
|--------------|----------------------|
| Period 0     | 7:00 – 7:50          |
| Period 2     | 7:55 – 9:25          |
| SSR/HR       | 9:35 – 10:00         |
| Period 4     | 10:05 – 11:35        |
| <b>LUNCH</b> | <b>11:35 – 12:20</b> |
| Period 6     | 12:25 – 1:55         |