



# 1st Grade Family Connection



# **Overview**

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways and we hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students Be Kind. Throughout the school, students will be developing skills like perspective-taking, conflict resolution, and leadership.

#### **Conversation Starters**

- Can you share or show what Respect means?
- Why do you think it is important to be Respectful as a friend?

## In The Classroom

Friendship skills are life skills! In 1st grade this month, we are focusing on friendship. An important part of being a good friend is seeing value in others and treating them with care, which is practicing Respect!

#### Friendship skills we are working on:

- Communicating with Kindness
- Understanding how our actions impact others

Talk about friendship with your student and the importance of connecting with others!

**Color in Respect** 









Have some fun connecting as a family this month while practicing Respect. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

### Pursuit #1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the "Respect Rooster" on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.

Pursuit #2

Review Respect as a family! Remember that in our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward and commit to this practice at least 1 day each week!



#### Pursuit #3

Find a time to sit in a circle together and celebrate all the ways you have seen each other practice Respect. Take turns sharing responses to the following prompts or make up your own! Remember to practice Respect as you listen to each other.



#### **Celebration Prompts:**

- What family member(s) do you want to celebrate for their Respect?
- What are some ways that you have been a good friend lately?

