A Newsletter of the Lewis & Clark Elementary Family Resource Center (FRC) and the Parent Teacher Association (PTA)



# Lynx Link

#### May

- **8-12** PTA Staff Appreciation
- **11** Bike, Walk, Bus to School Day
- **16** PTA MTG 6pm Library
- **17-31** Bring books to donate to **Bookin' Into Summer** book swap on June 5th/6th (pg 1-2)
- **18** Kindergarten Meet & Greet 4:00-5:00 (incoming Kinder Families)
- **19** 4th/5th Grade Talent Shows 9-10:15 & 12:30-1:45
- **29**—No School— Memorial Day Weekend

# **June 2** Field Day

- **5/6** Bookin' Into Summer Book Swap during school
- **6** Bookin' Into Summer Family Event 5:45–7 pm
- **5-9** Lost & Found final display 8 Native American Student Services End of Year BBQ
- 9 Last Day of School! Students dismissed at 11:05 am



## **BOOKIN' INTO SUMMER 2023** IS COMING! **Book Swap Details**

May 17th-31st: Students bring in books to add to the swap collection. Please choose carefully which books are brought in for swap. If it is a book you'd be glad to give a friend, it's probably fit to donate!

## Only books meeting the criteria below will be included in the swap:

- Books appropriate for grades KG-5th
- Books should be in gently used condition (cover on, no rips, tears, bent edges or writing/coloring on the pages)
- Books should fit into one of the following categories: picture, early chapter books, regular chapter books, 5th grade/YA books. Please do NOT send board books, coloring books, activity or sticker books, religious books, magazines or adult titles.
- On June 5th/6th all L&C students will get to pick out at least one book to take home. (Please note: selection & number of books available will be based on the books donated.)

June 6th - Family Bookin' Event - 5:45-7:00 on the playground – Free! Questions? Contact the FRC@ 406-327-6949 or frclewis@mcpsmt.org

## May 8th-12th is STAFF APPRECIATION WEEK!

We need all hands on deck so that we can be sure to make our teachers and staff feel very loved and appreciated. They work so hard for our students, and we really want to spoil them! Along with bringing back our door decorating for staff we have a sign-up genius below for help with food/meals/ snacks and set up/clean up for each day of the week. Please click on the link below!

https://m.signupgenius.com/#!/showSignUp/10c0c45aca92fa2f9c70-lewis2

Encourage your student to write his or her teacher, and or specialist a appreciation of thanks during the week of May 8-12. Also, on Thursday, May 11 we are encouraging all students to bring a single flower of any kind, whether it is real, created or drawn, to their

teachers! Please don't forget our specialists! Thank you! Please reach out with guestions to Lewis andclarkpta.missoula@gmail.com.



# From the Principal's Office:



Lewis & Clark Families,

I cannot believe we are coming to the end of the 2022-2023 school year. Time truly flies when you are having fun! We have had a great year with many events, programs and activities to celebrate. Over the next month and a half, students will be engaged in culminating end-of-year presentations, participating in educational field trips now that

we can get back outside, and ending the year with some fun activities. It is definitely a busy time to be at school! It has also been a special year having regular volunteers and family events at L&C. Our families and community are what make L&C a unique, genuine, and remarkable place to be. Thank you for your support, volunteer hours, feedback, and shared collaboration this year. I wish you the best as you head into summer in the coming weeks, and look forward to seeing you in the fall.

Take care, Alanna

# Lewis and Clark Forever Famous 4th/5th Grade Talent Show!

Friday May 19th—9-10:15; 12:30-1:45 —L&C Gym
Don't miss the bedazzling acts of our older students!

Fourth and fifth grade parents are welcome to attend.



## **COMING - JUNE 6th!**

# BOOKIN' INTO SUMMER Book Swap and End of School Celebration 5:45-7:00—L&C playground

- \* Join us for this fun, free family event and stock up on books for summer reading! See details on pg. 1.
- \* Bring a picnic dinner, listen to music & storytelling by our own Mr. Cosca (King Fuzz!) and enjoy a sweet cookie treat from Mary's Mountain Cookies!

Bring a water bottle, too!



**Step 1:** *May* **17-31** Bring gently used books to school. Collection bins at front office and FRC

**Step 2:** *June 5th/6th* Students will pick "new to them" books during the school day

**Step 3**: *June 6th* – 5:45-7:00 pm — Bring your family for an evening of connecting, music, stories, cookies and selecting more books for summer reading!

# May is Bike Month!

Join Lewis & Clark's celebration of **National Bike Month** by encouraging your kids to ride their bikes, scooter or walk to school. Or better yet, join them!



Thursday, May 11th – Bike. Walk, Bus to School 7:45-8:15 AM (on the playground before school)

Kids who walk or roll to school will receive a charm and a treat.

Please make sure to send your child with a bike lock. We recently had two bikes stolen from the bike rack on the playground. Call the office with any questions!

# **Kindergarten Meet and Greet**

Incoming 2023-2024 kindergarten parents and kinders, please join us Thursday, May 18th, 4:00-5:00 for Kindergarten Meet and Greet.

This is an opportunity to meet our KG teaching team and a few other staff, get info about KG next year, tour the building and visit a KG classroom. We hope to see you!



#### From the Music Room

Families - watch for upcoming announcements about 3rd and 4th grade music performances at the end of May.

Hope to see you there!

#### 3rd Grade:

Jensco - May 23, 2:30pm

Mosbacher - May 24, 9:20am

Hougard - May 24, 2:30pm

#### 4th Grade:

Jones - May 24, 11:00am

O'Connor - May 25, 11:00am

Harper - May 30, 11:00am





## **Lost & Found**

The final display for the year will be:

June 5th to June 9th.

Remember to write your student's name on all items so we can return them. Looking for a specific item? Call or email the FRC: 327-6949 or frclewis@mcpsmt.org

# Family Resource Specialists

**Tracey Cravy and Lisa Hayhurst** 

728-2400 x4355  $\mathbf{frclewis@mcpsmt.org}$ 

**Family Resource Center Hours:** 

M-F-8:15-3:15

# Counselor's Corner: A Note from Ms. Myers

#### **Assertive Communication**

Assertive communication is important to practice with kids so that if they are in an uncomfortable situation, they feel more confident and prepared. Role-playing is a powerful way to teach children assertiveness! Here are some examples of boundary setting with assertiveness:

- "I need you to stop bothering me and give me some space."
  - Shows that they have confidence to stop an unacceptable behavior.
- "I don't like being called that. I like being called by my name."
  - Shows that they expect others to be respectful.
- "I see that you're upset. But it's not ok to treat me like that."
  - Shows that they know how to advocate for themselves and set boundaries.
- "That's not safe. I'm getting someone to help."
  - Shows that they aren't afraid to ask for help.

Have a beautiful, rested, connected summer! Be sure to reach out before break if you'd like more ideas about incorporating SEL into your summer.

Linsey Myers 728-24004379 or <a href="mailto:lemyers@mcpsmt.org">lemyers@mcpsmt.org</a>





Spring is upon us! With it comes lots of exciting events, sports, schedule changes, and special projects. It's a time of year when these fun changes make it even more important to stay consistent with the foundations in our children's learning. Children's learning thrives on consistency and predictability. When things get busy,

making sure kids arrive at school on time and have a regular reading routine every afternoon are important factors as they continue their learning. We know children often lose learning over the summer, so we want to keep a strong reading plan in place through the entire school year (and into the summer—but more on that next month!). That way we can make the most of the time we have in school and set our kiddos up for success!

Christy Meurer, Reading Interventionist



The Missoula Public Library Foundation is bringing NASA SpaceX crewmember <u>Kayla Barron</u> to Missoula to meet children and share her experience working at the International Space Station. Kayla has a degree in nuclear engineering, is a Lieutenant Commander in the Navy, and was one of the first women to become a submarine officer. She is the fifth woman to become an astronaut. Kayla's multi-media and interactive program is ideal for school-aged kids.

May 6, 11-12 - Missoula Public Library Imaginarium

# PTA NEWS and UPDATES!

Hello Lewis, and Clark families!

The PTA is grateful for those parents and students who could come out and help with our Outdoor Discovery Core cleanup in mid April! There was a lot to be done and so many great helping hands got the work done. Thank you for making our outdoor space beautiful!

We are also excited to announce we were able to award over \$10,000 in grants in April to 17 staff and teachers for some amazing books, supplies, field trips, transportation for field trips, decodable books, instruments, reading and math intervention supplies and supports, games, student-incentives and testing supplies! We are so fortunate as a PTA to be able to supplement where it is most needed for our staff, teachers and students. Thank you!!

The next Lewis and Clark PTA meeting is **Tuesday**, **May 16th— 6:00 pm in the library**.

#### PTA Officers 2022-2023 School Year

President- Kamra Kolendich lewisandclark.pta.missoula@gmail.com

Vice-President—Keri McHugh lewisandclark.pta.vp@gmail.com

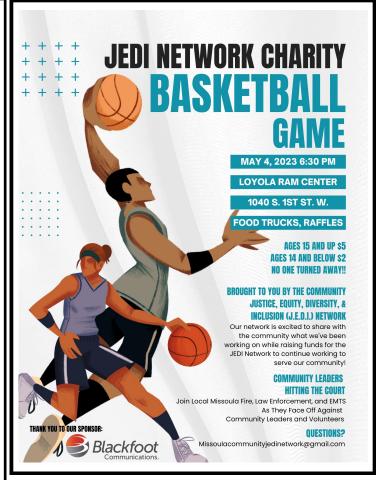
Co-Treasurers—Kyle Bocinsky & Staci Nugent

lewisandclarkptatreasurer@gmail.com

Secretary—Jeff Lamson lewisandclarksecretary@gmail.com

Teacher Liaison—Jordan Garland, 5th GD jgarland@mcpsmt.org

Teacher Liaison—Sharon Jones, 4th GD sgjones@mcpsmt.org





# **Planning Ahead for Summer Activities?**

## **Check out MCPS Summer Music & Art Camps - Save the Dates!**

June 12-16 Summer Art Camp - Students entering grades 1-4 (9:00-11:30am) or (12:30-3:00pm)

**June 19-23 Summer Art Camp** - Students entering grades 1-4 (9:00-11:30am) Students entering grades 5-8 (12:30-3:00)

**June 12-16 Intermediate Band & Orchestra camp** (not for beginners) Students entering grades 6-8: 12:00 noon - 4:00 p.m.

August 15-23 - Beginning Band & Orchestra Adventure! - Students entering 5th grade or new to the instrument join us!

\*\*MCPS instrument rental for beginner camp begins on Monday, August 14.

# Link to all info and registration forms here: https://www.mcpsmt.org/domain/959

You are welcome to call or email the Fine Arts office with questions or to register your child. 406-542-4030 or laelrod@mcpsmt.org



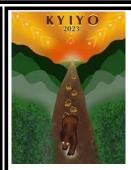
# Native American Student Services End of Year Gathering

June 8th—Place and Time TBD

Contact Duran at Native American Student Services with questions:

406-728-2400, X1064 or dcaferro@mcpsmt.org





# Congratulations to our L&C champions at the 54th Annual Kyiyo Powwow!

Derek White Grass (3rd grade)
- Junior Boys Chicken Dance

Titus Old Crow (1st grade) -Junior BoysTraditional Dance

# **Warm Spring Weather Brings out Ticks**



There are many species of ticks capable of transmitting a variety of bacterial, viral, and parasitic illnesses to humans and other mammals.

#### **PROTECT YOURSELF:**

- Use insect repellent (at least 20 % DEET) and wear protective clothing to prevent ticks from making you
  their next meal. Early recognition and treatment of tick-borne infections significantly decreases the risk
  of serious complications
- Inspect yourself, other family members and pets after being outdoors
- Shower off after being outdoors to wash off ticks and more easily spot ticks

Information taken from http://dphhs.mt.gov/publichealth/cdepi/diseases/ticks







Have some fun connecting as a family this month while practicing Creativity. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

#### Pursuit #1

Get Creative with expressing your emotions through a game of emotion charades! Gather as a family and brainstorm some emotion words. Write them on slips of paper and turn them facedown. Then, take turns choosing a slip of paper and acting out the emotion (assist with reading as needed). Other family members will guess the emotion that is being acted out. After each person's turn, take a moment to talk about what we may need when experiencing these emotions.

#### Pursuit #2

Review Creativity as a family. Creativity is using your imagination to create something new or solve a problem. This challenge is about creating something new - together! Find a large cardboard box and unleash your Creativity as you work together to create something totally new. What can the box become? Perhaps it will be a spaceship, an ice cream shop, a fairy castle, or a race car. Use any craft supplies or scraps on hand and your imagination to turn an ordinary box into a new creation!



## Pursuit #3

Set aside some time to gather as a family and check in with each other. Ask each family member, "How are you feeling today?" Practice Honesty when responding and listen carefully as each family member shares. Use the emotion check-in questions to learn more and practice Creativity to come up with a new question to learn more! Challenge yourselves to check in with each other on a regular basis!



#### **Emotion Check-In Questions:**

- Tell me more about that feeling.
- Why do you think you are feeling that emotion?
- What do you need right now?

