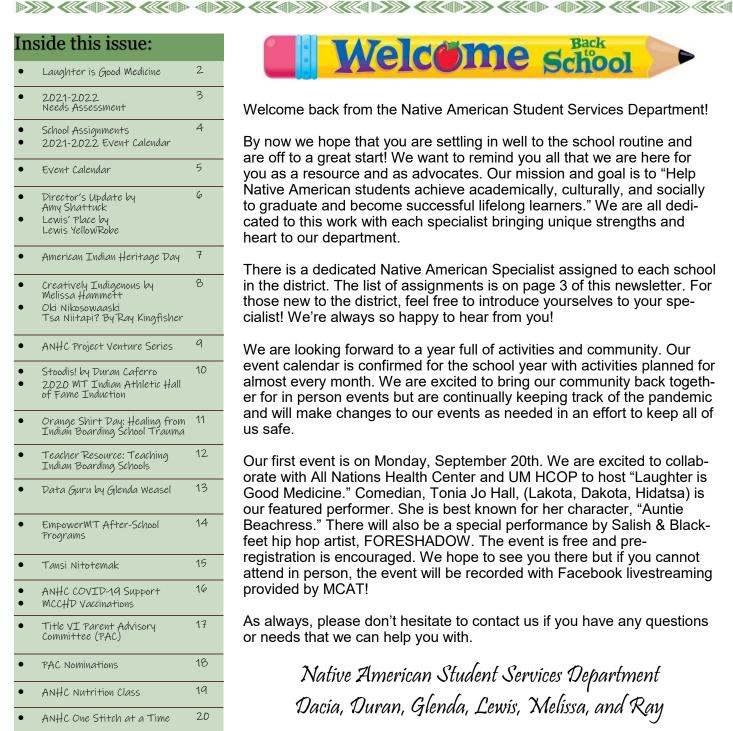






digenous Insig

September 2021





Welcome back from the Native American Student Services Department!

By now we hope that you are settling in well to the school routine and are off to a great start! We want to remind you all that we are here for you as a resource and as advocates. Our mission and goal is to "Help Native American students achieve academically, culturally, and socially to graduate and become successful lifelong learners." We are all dedicated to this work with each specialist bringing unique strengths and heart to our department.

There is a dedicated Native American Specialist assigned to each school in the district. The list of assignments is on page 3 of this newsletter. For those new to the district, feel free to introduce yourselves to your specialist! We're always so happy to hear from you!

We are looking forward to a year full of activities and community. Our event calendar is confirmed for the school year with activities planned for almost every month. We are excited to bring our community back together for in person events but are continually keeping track of the pandemic and will make changes to our events as needed in an effort to keep all of us safe.

Our first event is on Monday, September 20th. We are excited to collaborate with All Nations Health Center and UM HCOP to host "Laughter is Good Medicine." Comedian, Tonia Jo Hall, (Lakota, Dakota, Hidatsa) is our featured performer. She is best known for her character, "Auntie Beachress." There will also be a special performance by Salish & Blackfeet hip hop artist, FORESHADOW. The event is free and preregistration is encouraged. We hope to see you there but if you cannot attend in person, the event will be recorded with Facebook livestreaming provided by MCAT!

As always, please don't hesitate to contact us if you have any questions or needs that we can help you with.

> Native American Student Services Department Dacia, Duran, Glenda, Lewis, Melissa, and Ray

IN CELEBRATION OF NATIVE AMERICAN HERITAGE DAY MCPS Native American Student Services. All Nations Health Center, and

UM Health Careers Opportunity Program Proudly Presents:

FEATURING

TONIA JO HALL

"AUNTIE BEACHRESS"

SEPTEMBER 20

6:00PM - 8:00PM DOORS OPEN AT 5:00PM OGREN PARK AT ALLEGIANCE FIELD MISSOULA, MT

*FACE MASKS REQUIRED

SPECIAL PERFORMANCE BY FORESHADOW













CONTACTS:

MELISSA HAMMETT, MSHAMMETT@MCPSMT.ORG, 406-728-2400 EXT. 1028 CHERITH SMITH, CSMITH@ALLNATIONS.HEALTH, 406-829-9515 EXT. 105



MCPS TITLE VI PARENT ADVISORY COMMITTEE & NATIVE AMERICAN STUDENT SERVICES DEPARTMENT 2021-2022 NEEDS ASSESSMENT SURVEY



What do you feel are the most important needs of the Native students in Missoula County Public Schools? Please indicate your thoughts by placing a circle around the number.

1.	Enhance problem solving and cognitive skills development and directly support attainment of state standards			Increase college enrollment Increase graduation rate		
2.	Decrease school drop-out rate Increase academic achievement Increase activities for prevention of violence, suicide and substance abuse		9.	Increase knowledge of cultural identity and awareness		
		ce, suicide		Increase Native American Language Instruction programs		
5.	Increase At-Risk student support		11. Increase parent participation12. Increase school attendance rate			
6.	Increase career readiness skills			Increase school readiness		
14.	Other suggestions:					
Rai	nk the three most important needs:					
Ple	ase check the categories that describe you:					
Nat	tive AmericanYes No					
	_ Parent/Guardian	_		Middle School Student		
	_ Community member	_		Elementary School Student		
High School Student		_		Missoula County Public Schools District Employee		
Wh	nat do you think is working well in the Missoul	a County Pu	ıblic	Schools Indian Education Department?		
	nat are some areas that you would like to see accered by the Indian Education Department?	ddressed by	the	school district or services that you would like to see		
——Ple	ase drop this by or mail to: Missoula	County Pub	nlic	Schools		
1 10				udent Services Department		
909 South Ave W Missoula, MT 5980						

OR email to: gfweasel@mcps.k12.mt.us or mshammett@mcps.k12.mt.us Your voice is very important to us! Thank you!

Indigenous Insighter

2021 - 2022 Staff Contact Information & School Assignments

Name	Title	Phone 728-2400	Email	Assigned Schools
Amy Shattuck	Federal Programs Director	ext. 1054	avshattuck@mcpsmt.org	
Matt Bell	NAS Teacher	ext. 8634	mkbell@mcpsmt.org	Big Sky HS, Willard
Duran Caferro	Native American Specialist	ext. 1064	dcaferro@mcpsmt.org	Big Sky, Hawthorne, Jeanette Rankin
Dacia Griego	Native American Specialist	ext. 1068	dgriego@mcpsmt.org	Chief Charlo, Franklin, Rattlesnake, Russell
Melissa Hammett	Native American Specialist	ext. 1028	mshammett@mcpsmt.org	Willard HS, Washington MS
Ray Kingfisher	Native American Specialist	ext. 1047	rdkingfisher@mcpsmt.org	CS Porter, Hellgate HS, Meadow Hill, Sentinel HS
Lewis YellowRobe	Native American Specialist	ext. 1049	lyellowrobe@mcpsmt.org	Jefferson, Lewis & Clark, Lowell, Paxson
Glenda Weasel	Title VI/Data Support/ Native American Specialist	ext. 1063	gfweasel@mcpsmt.org	Seeley Swan HS

2021 - 2022 Event Calendar

Event	Date	Time	Location
Native American Heritage Day Celebration: Laughter is Good Medicine	Monday, September 20th	•	Ogren Park at Allegiance Field (Contact: Melissa Hammett)
Halloween Carnival	Friday, October 29th	и:ппmm	Washington Middle School (Contact: Dacia Griego)
Winter Gathering	Thursday, December 9th	6:00nm	Meadow Hill Middle School (Contact: Ray Kingfisher)
Family Fun Time	Thursdays, January 6- February 10 *no family fun on 2/4	•	Rattlesnake Elementary School (Contact: Lewis YellowRobe)
Sweetheart Round Dance	Friday, February 11th	n'i ilinm	Franklin Elementary School (Contact: Dacia Griego)
MCPS Native Youth Powwow	Saturday, April 2nd	Grand Entry at 12:00 pm and 5:00pm	Sentinel High School (Contact: Glenda Weasel)
Graduating Senior Dinner	Thursday, May 12th	6:00pm	Double Tree By Hilton Hotel Missoula (Contact: Dacia Griego and Glenda Weasel)
End of the Year Gathering	Thursday, June 8th	HBD	TBD (Contact: Duran Caferro)



Native American Student Services Department



2021-2022 Event Calendar

September

`"Laughter is Medicine"
Native American Heritage
Day Celebration
Monday, September 20
Paddleheads Stadium

October

Halloween Carnival Friday, October 29 Washington MS

December

Winter Gathering Thursday, December 9 Meadow Hill MS

January - February
Family Fun Night
Thursdays, 1/6 - 2/10
Rattlesnake Elementary
No event on Feb. 4th

February

Sweetheart Round Dance Friday, February 11 Franklin Elementary

April

MCPS Native Youth Powwow (NYP) Saturday, April 2 Sentinel HS

May

Senior Dinner Thursday, May 12 Doubletree

June

End of Year Celebration Thursday, June 8 Location TBA

*Events subject to change.



Happy New School Year!

Our 2021/2022 school year is off and running. We have some exciting news to start the year off. Thank you to Dr. Watson and his support in adding to our Native American Student Services Department. We will soon have two added members of the NASS department; a NASS specialist and a part time Social Worker. Positions should be filled this week! I am glad to be back helping support the NASS department and all the important work they do for our schools and community. My contact information is below.



Amy V. Shattuck

Federal Programs Director Missoula County Public Schools (406)728-2400 ext. 1054 avshattuck@mcpsmt.org

Lewis' Place by Lewis YellowRobe

Students and Families:

Welcome back to the 2021-2022 School Year. I hope you had a restful summer and are excited about school this year.

Read Aloud - Elementary

This year, I look forward to continuing the read aloud program with Kindergarten through 2nd Grade classes. Our department bought another set of Native written children's books that have Native main characters, themes, and pictures that show Native families and everyday situations we all have each day at home, work, school, and in the community.

Native Culture Boxes

In the late fall, early winter, the Department will have completed an update of the Plains, Woodland, Coastal, and Desert Tribes culture boxes. The main additions to the boxes are a Tipi, Iroquois Longhouse, Salish Longhouse, Dine Hogan, and Zuni Pueblo. These housing types show that not all Natives before European contact lived in tipis. Other additions are quillwork and leather envelopes in the Plains culture box.

Pow-wow Box

The next big showcase item is a pow-wow box. Dacia Griego, MCPS Native American Specialist, has hand sewn and created Boys and Girls Fancy and Traditional dance; Jingle Dress; and Grass Dance dolls with full regalia. The pow-wow box will explain dance styles; song types; and pow-wow traditions. MCPS teachers can check the box out to show students Native song and dance.

I look forward to seeing you and your students in the classroom or at the MCPS Native Student Services events this coming school year.

Lewis

UNIVERSITY OF MONTANA

AMERICAN INDIAN HERITAGE WEEK CELEBRATI

SEPTEMBER 25, 2020

Monday, Sept. 20: Native Issues T-Shirt Day

Welcome Back BBQ Potluck, sponsored by Native American Studies, Native American Student Advisory Council and the Provost's Office, at either the Payne Family Native American Center or Bonner Park (weather permitting).

6-8 P.M.

"Laughter is Good Medicine," Featuring Tonia Jo Hall "Auntie Beachress" and FORESHADOW, sponsored by Missoula County Public Schools Native American Student Services, All Nations Health Center and the Health Careers Opportunities Program, at Ogren Part at Allegiance Field. This is a FREE event and doors open at $5\,\mathrm{P.M.}$.

Tuesday, Sept. 21: Solidarity Day

nd Orange for parding schools) (Red for "Missing and Murdered Indigenous Women/Men" and "Every Child Matters" in support of lives lost in residential boar

Wednesday, Sept. 22: "Rock Your Mocs" Day

Thursday, Sept. 23: Native Griz Gear Day

12-1 P.M.

Shinny/Doubleball Native Games on the Oval, sponsored by the All Nations Health Center, near the Payne Family Native American Center

12-1 P.M.

Featured Speaker: Dr. Dave Beck, presents "Federal Coercion and Tribal Termination in the 1950's and 1960's", in the Payne Family Native American Center room 014.

Friday, Sept. 24: Ribbon Skirts/Shirts Day and American Indian Heritage Day

7:30-8:30 A.M.

Sunrise Ceremony with Arlene Adams (Salish), sponsored by the College of Health's Health Career Opportunities Program, at the Payne Family Native American Center Fire Pit

7:30-10 A.M.

Coffee and Tea, sponsored by Health Career Opportunities Program (HCOP), in the Payne Family Native American Center Rotunda

10-11 A.M.

Lodge Raising, sponsored by American Indian Student Services, on the Oval

11 A.M.-1 P.M.

Ethnobotany Garden Guided Tours and Native Plant Stewardship & Ethnobotany Internship, sponsored by UM Environmental Studies Program, at the Payne Family Native American Center Ethnology Garden

11:30 A.M.-1 P.M.

Soup "Friday, sponsored by the Office of the President, in the Payne Family Native American Center Rotunda

Native American Law Student Association "Legal Grind", sponsored by the Native American Law Student Association and the Margery Hunter own Indian Law Clinic, in the Payne Family Native American Center room 210 (Student Lounge)

MONTANA

3-5 P.M.

Planetarium Premiere "The Woman Who Married a Star," Narrated by Leo Bird (Blackfeet), sponsored by Native American Studies, Physics, and the College of Humanities and Sciences, in the Payne Family Native American Center room 013 (Planetarium). 3pm and 4pm showing (40 minutes) with a Q&A to follow each showing (20 minutes)

3:30-5 P.M.

Featured Speaker: Sammy Matsaw (Shoshone-Bannock/Oglala Lakota), presents "Building as an Educator and Scientist to Tribal Employment as Co-Founders of River Newe, an Indigenous-Owned Non-Profit Organization" sponsored by Native American Natural Resources Program, at the Urey Lecture Hall (Outside Lecture Tent)

5-8:30 P.M.

Indigenous Meal, sponsored by UM Campus Dining, in the Food Zoo. Meal tickets are \$10 at the Food Zoo.



COVID-19 EVENT PROTOCOLS

- Masks are required for all in-person 2021 American Indian Heritage Day Celebration events
 Do not attend if you are sick or have COVID-19 symptoms.
 A limited the number of chairs and tables will be available. Please reserve chairs for elders and others with limited mobility or those who cannot stand for long periods of time.
 Whenever possible, maintain a social distance of six feet from others.



Creatively Indigenous by Melissa Hammett

OKII Welcome back to another MCPS school year!

I am teaching a NAS Business Concepts of MT Tribes at Willard Alternative High School and I am really excited to be a part of such a great atmosphere. The students and staff are great to work with and was welcomed with open arms. I feel a part of the family at Willard.

I will continue to work with the ELL (English Language Learners) program this year. I am excited to have an addition to our Native American Student Services Department with a new Native American Specialist.

I am currently working on our first community event for Native American Week. Our collaboration with All Nations Health Center and Health Careers Opportunity Program U of M, we are hosting an Laughter is Good Medicine event featuring Auntie Beachress and featuring Foreshadow.



Melissa Hammett, M.ED. Native American Specialist/ELL "The more you read, the more things you will know, the more you learn, the more places you'll go." ~ Dr. Seuss

Oki Niksookowaaksi Tsa Niitaapi? By Raymond D. Kingfisher (Hello My Relatives How is it Going?)

Oki my relatives,

I hope you all had a fun, safe and enjoyable summer. We are back again, the 2021 -22 school year has begun. I look forward to seeing your student(s) at one of the schools or out in the community. The schools that I am assigned to are:

- C.S. Porter (Mondays)
- Meadow Hill (Tuesdays)
- Sentinel High School (Wednesdays)
- Hellgate High School (Thursdays)
- Friday is open for Home visits and parent/guardian meetings.

I will be doing short presentations on our Montana Tribal Nations. With each I will attempt to add some of the language aspect. If any parents would like to help out with any of the languages other than Blackfeet that would be awesome. The NASS Dept. does have a Tribal Language Facebook page, if you are interested in that please hit the like button. The page has some great content to start anyone out in Montana tribal languages.

I am hoping we get C-19D under control. I know a lot of our families back home are suffering, not only from the virus but from economics, socially, mentally and those per-caps are always late, aye. There is a lot of things that are contributing to these hard times. If you folks need help make sure you ask and we will help look for the resources to help. All Nations Health Center is a good one for you new folks, register and see what they can help you with. With that, I wish you all happiness, success, and good health. Have a good September and watch for our activities.





MISSOULA NATIVE CONNECTIONS PRESENTS:

PROJECT VENTURE SERIES

VIRTUAL THURSDAYS: SEPT. 30TH-DEC. 16TH 4:00 PM - 5:30 PM

Learn how to use your strengths to engage with:

- Middle school Native American students
- Outdoor activities in Nature
- · Culture & Tradition

Monthly family activities:

October-Hiking November-Swimming December-Snowshoeing

OPEN TO MIDDLE SCHOOL NATIVE AMERICAN STUDENTS

FOR EVERY 3 SESSIONS COMPLETED
RECEIVE INCENTVES

TO REGISTER: BIT.LY/38BHPKK

CONTACT FAITH AT: FPRICE@ALLNATIONS.HEALTH OR DANA: DKINGFISHER@ALLNATIONS.HEALTH

Stoodis! by Duran Caferro

Good day everyone. As my signature states, I am your Native American Community Specialist. My efforts are to help Native students be successful in school and set us on a path to a good life in the community.

Reflecting to when I was in school, the only Native staff member was a janitor. With this limited exposure as to what is possible, I spent the first years of my working life as a janitor. I didn't know Natives could work in the school system in an official capacity until I was approached by the Indian Ed Director in Helena who asked me to apply for this job in Helena. Now that my eyes are open, I know that we as a people can do anything, and the world needs us on every staff, in every boardroom, and in leadership roles everywhere.



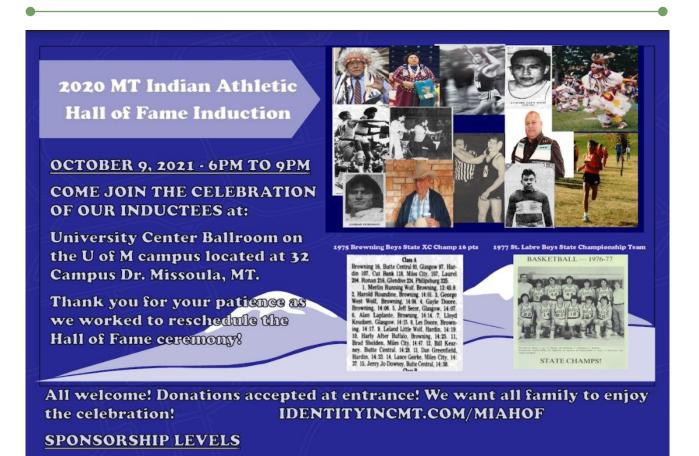
I want to be a Native face that advocates for your student's best interest in meetings of importance. The extent of my involvement, as well as the programs I develop are 100% student and family led. So, basically, you are my most important boss. I hope to be your ally in the school, provide safety, and make school fun, engaging, and meaningful.

Duran Caferro (he, him, his)

Bronze \$500

Silver \$1000

MCPS Native American Community Specialist MCPS Native American Student Services Dept. (406)728-2400 ext. 1064 (M, W, F) 8091 (T, Th) dcaferro@mcpsmt.org



Gold \$2500

The MIAHOF is a branch of IDENTITY INC., a nonprofit organization under the regulations of the IRS. All contributions are tax-deductible. Sponsorships can be for inductees, tribes, the Hall, in honor, etc.

Platinum \$5000

Orange Shirt Day: Healing from Indian Boarding School Trauma

Trigger Warning: Indian Residential/Boarding Schools

This past spring news broke that the remains of 215 Indigenous children were found buried near Kamloops Indian Residential School in British Columbia, Canada, Since the gruesome discovery thousands of remains have been found at Indian Boarding Schools across Canada and in the United States. Researchers estimate tens of thousands of children died at the government and church-run schools in the United States.

Our community is heartbroken by these findings, but unfortunately many are not surprised. For generations our people have told the stories and lived through the trauma experienced at Indian Boarding Schools. Our communities still face the impacts of historical trauma stemming from the forced removal of our children. Many of us are the children and grandchildren of Boarding School survivors. "Our communities are still mourning." stated US Secretary of the Interior Deb Haaland (Laguna Pueblo) in reference to Indian boarding schools.

Initiatives have started in both the United States and Canada to uncover the truth and reconcile the trauma that occurred due to Indian Boarding Schools. In the coming months and years we will hear more about the tragic loss of life and culture our people experienced. The news and headlines shared on social media and in the news may be triggering for many of us. We encourage you to take care of yourselves physically, mentally and spiritually during these times. Please don't hesitate to reach out if you need resources to help process this grief.

On September 30th, we will be recognizing "Orange Shirt Day" to honor the children lost and those who survived Indian Residential Boarding Schools. We hope that you'll join us in acknowledging this painful history by wearing an orange shirt, learning more about the history and impacts of Indian Boarding Schools, and supporting initiatives and organizations aimed at healing from this trauma.

Click on the pictures and links below to learn more about Orange Shirt Day and Indian Boarding Schools:

- **US Indian Boarding School History**
- Interior Sec. Haaland Announces Federal Indian Boarding School Initiative to Shed Light on the Dark History of the Boarding School System
- CBC Kids: What is Orange Shirt Day?



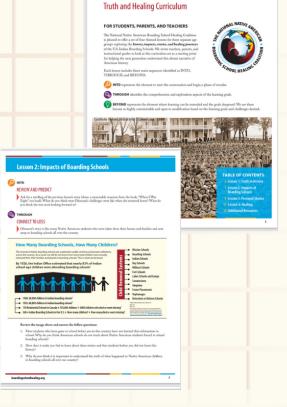
CALLING ALL EDUCATORS

How are you planning to teach about Indian Boarding School history this school year?

DOWNLOAD FREE LESSON PLANS AT **BOARDINGSCHOOLHEALING.ORG/CURRICULUM**



Free lesson plans for all grade levels are available on our website:



DOWNLOAD AT BOARDINGSCHOOLHEALING.ORG/CURRICULUM

Data Guru by Glenda Weasel

September 2021

Welcome Back to School everyone in the Missoula Community. Another year to gear up and starting our children in their learning skills whether it be in the classroom or remote learning. Our MCPS Native American Student Services Dept. (NASS) is jumping right in and meeting and greeting the students in MCPS schools.



This year has started with me re-learning the state system called Infinite Campus. It is keeping me very busy as I have to input all our Native American students one by one into our new system.

The MCPS I will be working with, this year, is Seeley Swan High School. The drive out the Seeley Lake will be a beautiful one.

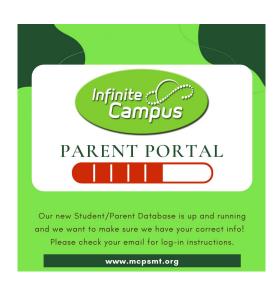
I am really liking our new office building and setting. If you haven't seen it yet please stop in and say "Hi."

Mask up and stay safe.

Sincerely,

Glenda Weasel

Title VI Indian Education Specialist/Data Support Staff
Native American Student Services Department
Missoula County Public Schools
909 South Ave. West
Bldg "B" Rm. 120
Missoula, MT 59801
(406)728-2400 ext. 1063
gfweasel@mcpsmt.org





Join us on Facebook!

<u>Facebook.com/groups/mcpsNativeAmericanStudentServices</u> <u>Facebook.com/groups/mcpsmtTribalLanguages</u>

EmpowerMT 2021/2022 After–School Programs

EPIC

Empowering People, Inspiring Change (EPIC) is a youth leadership club for middle school age youth. This program seeks to break isolation, create allies, and build confidence. EPIC will meet virtually every Tuesday from 4-5 pm.

Be You Crew

Be You Crew is a safe space for 9-14 year old LGBTQ+ and allied youth. This program will meet virtually every other Thursday from 3:30-4:30 pm.

Association of BIPOC Youth

The Association of BIPOC Youth (ABY) centers around giving students of color (12-18 years old) an opportunity to feel supported in their racial identity and take action against mistreatment. ABY will meet virtually every other Thursday from 4:30-5:30 pm.

Youth Forward

Youth Forward is a supportive space for LGBTQ+, Two-Spirit, and Gender Diverse youth (13-19 years old) to connect with peers and learn more about the everexpanding LGBTQ+, Two-Spirit, & Gender diverse community. Youth Forward meets virtually every Wednesday from 5-6 pm.

To sign up for any of our youth programs visit: https://www.empowermt.or g/youth-and-schools/afterschool-clubs/



For questions, contact: Sierra Pannell, She, her, hers Youth Development Coordinator sierra@empowermt.org

Tansi Nitotemak! (Hello Friends!) by Dacia Griego

Tansi! Hello! I am the Native American Education Specialist for Chief Charlo, Franklin, Rattlesnake, and Russell Elementary Schools. We will be welcoming an additional Native American Specialist to our team this year. It's so exciting to see our department continue to grow in many ways!

I am continuing to work a hybrid schedule this year - - working remotely with some time spent in the office. I'm hopeful and looking forward to getting back into the school buildings this year. I have really missed visiting classrooms in person and visiting with our students. In the meantime, I am continuing my IE-FA Read Aloud Program virtually.

I've recently enrolled in a Cree language course this fall with a few of my relatives. In pre-covid days, I spent time on tribal language during my lunch groups. My goal is to learn more so that I can share the language with my students and at home. My mom's first language was Cree and she was a fluent speaker. I grew up hearing her speak Cree but only learned a few words and phrases. My mom passed away in 2014 and doing this work has been so healing for me. I love that my work helps me feel so connected to her.

Our tribal languages are such an important part of our culture. I encourage all of you to learn a few phrases in your language. It's an empowering experience! One good thing that has come out of the pandemic is the abundance of virtual learning opportunities in many areas, including tribal languages. There are Facebook groups, virtual/online classes, and language apps for most tribal languages. We even have our own Facebook group to share resources specific to Montana tribes. Check it out here: https://www.facebook.com/groups/mcpsmttriballanguages





My beautiful mother, Eva Red Thunder Griego

Finally, I'm also continuing to work on our school district's anti-bias working group, called IVALUE. This group meets monthly to continue progress on helping our school district's goals of diversity, equity, and inclusion. We had 60 MCPS staff and community members participate in an anti-bias training in the spring. We are working on scheduling additional trainings for this school year. In addition to training staff, the working group also continues to work on collecting data, reviewing district policies, and identifying resources for staff, students, and families.



Best Wishes,
Miss Dacia

Dacia Griego, BSW (she/her) Native American Education Specialist

> dgriego@mcpsmt.org 406.728.2400 ext. 1068





Daily COVID-19 vaccine appointments and walk ups at the Southgate Mall, located at 2901 Brooks St., Missoula. Missoula County residents ages 12 and older are eligible. Go to covid19.missoula.co or call 406-258-INFO (4636) to book your appointment today. Appointments are free; no insurance necessary.



Title VI Parent Advisory Committee

The Title VI Parent Advisory Committee (PAC) is made up of parents, students, and teachers within the MCPS Native community. The Title VI PAC provides support to the MCPS Indian Education Dept. throughout the year and hosts the Native Senior Dinner at the end of each school year to honor that year's graduating class of Native American seniors.

The Parent Advisory Committee has one vacancy open for a 2021-2022 Parent Representative. Parent/Guardian spots are filled by those who have at least one child who is an MCPS student with a completed Title VI ED 506 Indian Student Eligibility Certification Form. The child can be an enrolled Tribal Member or a 1st or 2nd degree descendent of an enrolled tribal member. PAC members serve for their choice of one, two, or three school years. Please send nominations for Parent Rep to PAC President, Dacia Griego at dgriego@mcpsmt.org

MCPS TITLE VI PARENT ADVISORY COMMITTEE

Seeking Nominations for the 2021-2022 School Year!

The Title VI Parent Advisory
Committee (PAC) is made up of
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community.

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PARENT REPRESENTATIVE

The Parent Representatives are filled by those who have at least one child who is an MCPS student with a completed Title VI ED 506 Indian Student Eligibility Certification Form.

The child can be an enrolled Tribal Member or a 1st or 2nd degree descendent of an enrolled tribal member.

PAC members serve for their choice of one, two, or three school years.

NOMINATIONS DUE BY FRIDAY, OCTOBER 1ST

Submit nominations by completing the Google Form https://forms.gle/EQKwQEDaZVfWCb4n7

or by emailing PAC President, Dacia Griego at dgriego@mcpsmt.org

Nominations should include full name, contact information, and why your nominee would be a good fit for the Parent Advisory Committee.

2021-2022 Title VI			
Parent Advi	Parent Advisory Committee		
Name	Title		
Dacia Griego	President		
Duran Caferro	Vice President		
Amber Shaffer	Secretary/Treasurer		
Toni Alvernaz	Parent Rep		
Stephen Chase	Parent Rep		
Vacant	Parent Rep		
Alina Espino	Student Rep		
Barbara Frank	Teacher Rep		

Title VI Parent Advisory Committee Meeting Dates

Meetings are scheduled for the 1st Wednesday of each month at 6pm. All meetings will be held remotely via Google Meet until further notice.

Contact Dacia Griego for a link to join.

Date	Time
September 8, 2021	6:00-8:00 PM
October 6, 2021	6:00-8:00 PM
November 3, 2021	6:00-8:00 PM
December 1, 2021	6:00-8:00 PM
January 5, 2022	6:00-8:00 PM
February 2, 2022	6:00-8:00 PM
March 2, 2022	6:00-8:00 PM
April 6, 2022	6:00-8:00 PM
May 4, 2022	6:00-8:00 PM
June 1, 2022	6:00-8:00 PM

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or by emailing PAC President, Dacia Griego at dgriego@mcpsmt.org

Nominations should include full name, contact information, and why your nominee would be a good fit for the Parent Advisory Committee.

Nutrition made simple!

Buy, Eat and Live Better by exploring:

Tasty ways to eat healthy
Ideas for stretching your food dollar
Easy meal planning according to MyPlate
Tips for increasing physical activity

Class: FREE All Nations Adult Class Series

Dates: 9-week series, every Monday, starting 9/27/21

Time: 6-7pm

Location: Online

Class includes free gifts! Attend 6 classes to graduate

Contact: Email Nutrition Educator, Molly Moran to sign up

molly.moran3@montana.edu

Montana State University Extension encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of special accommodations or have questions about the physical access provided, please contact your local Extension office or the Nutrition Education Program at 406-994-6022 in advance of your participation or visit.



This institution is an equal opportunity provider.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact the Montana Public Assistance Helpline at 1-888-706-1535 or www.apply.mt.gov. Montana State University Extension is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.



ONE STITCH AT A TIME FOR HEALTHY LIFESTYLES PRESENTS:

Saturday October 2, 2021 10:00a to 4:00p University Center Room #225, UM Campus

We are recruiting 12 *American Indian/Alaska Natives 18 years of age and older.

- -All supplies provided to make a leather belt
- -Healthy lunch options will be served
- -Participants must wear a mask

*Must be a registered AIAN client up to 2nd generational descendent.

The Traditional Art of belt making.
Featured Artist, Rodney First Strike
(Blackfeet, Assiniboine-Cree)



Additional Topics:

- "Eating for Wellness"
- "Culture is Protection"
- "Staying Active at Home"

For more details, please contact Cherith or Dana at: csmith@allnations.health or dkingfisher@allnations.health

A partnership of All Nations program: Special Diabetes Program for Indians (SDPI), Missoula Native Connections, Tobacco Program and Health Promotions Program



