



Lynx Link

November 2019

November

Calendar-at-a-Glance

3 Daylight Savings Time Ends

4-11 School Spirit Week!

8-26 L&C Toiletry Drive

5 Election Day— VOTE!

5 Lady Griz School Day

11 Pick up CTT orders

12 Individual Picture Retakes

14 Half Day for conferences,
Gr. K-3 dismiss@11:05;
Gr. 4-5 dismiss@11:35 AM

15 No school—Conferences

18 Giving Tree begins!

19 8:40 am Peace Choir show

19 PTA Lunch time Meeting—
11:50 am-12:30 in Rm. 152

27 –29 Thanksgiving Break

The Giving Tree Is Coming!

The Giving Tree is a wonderful opportunity for our L&C school community to donate or receive assistance during the upcoming holiday season.

You can participate by adopting a family or taking an ornament from our tree by the front office, starting November 18th. If your child's classroom or your family, church, or business is interested in "adopting" a family or in making a monetary donation, please contact one of the Family Resource Specialists— Tracey Cravy or Lisa

Hayhurst. They can be reached at 728-2400 x4355,

frclewis@mcps.k12.mt.us, or stop into the Family Resource Center (RM 126). M, T, W, F 8:30-3:00 or Th 8:30-2:00.

Please keep in mind wrapped gifts are due to the FRC (with the ornament attached) by Friday, December 13th.



Many thanks to the following people who made the fall session of EAST (Enrichment and Academic Support Team) after school program possible:

- L&C PTA and Amy Shattuck and Bridget Allen
- L&C teachers who volunteered their classroom space
- EAST instructors and assistants, many of whom volunteer their time
- Mike and Mandy Snook for formatting and printing nametags
- Melanie Brock for donation and pick up of snacks, Hillary Ogg & Amy VanCleave-door help
- Tracy Beoehm Barrett for reaching out to local organizations to recruit EAST instructors



IB Attitude of the Month—Confidence

From the Principal's Office:

Happy Fall Lewis and Clark Families!

In an effort to be more transparent about our efforts this year, I would like to share our Continuous School Improvement Goals that we have submitted to the Montana Office of Public Instruction. As a staff, we took a look at our academic and climate/culture data from last year. Within our teams, we have created goals to improve student achievement as well as the climate and culture of Lewis and Clark. The data we examined was Smarter Balance Assessment scores, STAR assessments, My Voice Survey data from Parent, Teachers, and Students and parent focus group discussions.

Goals for Lewis and Clark Elementary 2019/2020

In grades 3rd-5th, students will score 80% proficiency in the areas of English/Language Arts and Mathematics on the Smarter Balance Assessment.

Kindergarten- 5th grade will end the year with 80% proficiency using the STAR screener.

Specific trainings are held for The Great Eight Effective Classroom practices along with identifying and defining office and classroom managed behaviors.

Grade level teams will create a plan to facilitate frequent school to home communication.

We will create a timeline to recognize teachers and students on a positive and frequent basis.

Again, if you have any questions or thoughts, please let me know.

Take Care,

Amy Shattuck

Principal

avshattuck@mcps.k12.mt.us

(406)728-2400 ext. 4350



The seasons are changing...



Please dress your child(ren) for the cold, wet weather. Students will be going outside to play each day, three times a day, unless it is below zero or a complete downpour. Students should wear a warm coat, mittens, a hat, and rain/snow boots. If you are unable to provide these items for your child, please contact the Family Resource Center for assistance at: 728-2400x4355

The PTA Page

The Parent-Teacher Association of Lewis & Clark Elementary School strives to build an enriching school culture and a welcoming environment for all children, parents, and staff.



Thank you to all who sold items to support our Coffee, Toffee, Tea and More fundraiser. We have had our best year ever,

raising close to **\$15,000**, which is awesome! Thank you to our local vendors: Florence Coffee, The Sweets Barn, Montana Tea and Spice, and Bequet Confectioners for working with us and giving us the opportunity to raise money for our school. A huge shout out to those that helped tally the orders, which went extremely well. If you would like to help sort, please come on Saturday, November 9th to Lewis & Clark cafeteria. Orders will be ready for pickup after school on Monday, November 11. Please make arrangements to pick up children that day who may have lots of product to take home with them.



PTA Meeting & Membership

The next Lewis & Clark PTA meeting is:

**Tuesday, November 19th
in Rm 152**

11:50 am -12:30 pm

Please note the time change from the evening to the lunch hour. Feel free to bring your lunch and join us!

You **do not** need to attend meetings if you become a PTA member – although we'd love to have you!!

PTA Officers 2019-2020 School Year

Co-president - Lorie Lochridge

lewisandclark.pta.missoula@gmail.com

Co-president - Alissa Schumacher

lewisandclark.pta.missoula@gmail.com

Co-Vice-President—Jeff Lamson lewisandclark.pta.vp@gmail.com

Co-Vice President—Kamra Kolendich

lewisandclark.pta.vp@gmail.com

Treasurer—Emily Mackenroth

lewisandclarkptatreasurer@gmail.com

Secretary—Keri McHugh

lewisandclarksecretary@gmail.com

Teacher Liaison—Lesile Ferrell

lferrell@mcps.k12.mt.us

Teacher Liaison—Jordan Garland

jgarland@mcps.k12.mt.us

Easy Ways to Donate to the PTA

- * Join the PTA. Membership forms by the gym
- * Collect BoxTop\$?! Collection box at the front desk
- * Ask the cashier **BEFORE** you check out at the Good Food Store and/or Missoula Fresh Market to mark a percentage of your grocery purchase receipt to go to L&C.



Morning Movement: Get moving with Mrs. O'Connor, Mrs. Winter, and Mrs. Hayhurst

Wednesday—Friday Mornings until November 26th

All morning movement participants enter thru new cafeteria door.

CREATIVE MOVEMENT

Wednesdays

Thru November 20th

8:00-8:25 AM in the GYM



YOGA/MINDFULNESS

Thursdays

Thru November 21st

8:00-8:25 AM in Room 152



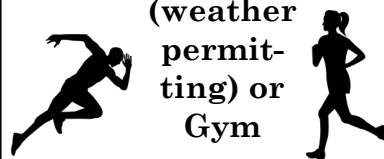
RUNNING CLUB

Fridays

Thru November 22nd

8:00-8:25 AM on the PLAYGROUND

(weather permitting) or Gym



The Power of a Sharpie...

Mark your kiddos' items (ALL outerwear, lunchboxes, water bottles) with legible first and last names so they can be returned to students or claimed easily.

Other lost items that are not identified or claimed are donated to a free clothes closet or become part of the FRC inventory.

Lost and Found will be on display **October 31st—Nov 9**. Take a look and claim your lost items!



L&C PLAYGROUND REMINDERS

Please help keep everyone safe on our playground by remembering and reminding students:

- Walk bikes and scooters on the playground before and after school (we've had some near misses!)
- Keep the friendship benches upright. They have been turned over and are showing wear and tear!
- Pick up after dogs if you bring them to play during non-school hours. The shoes you save may be yours!



Peace Choir Performance **Tuesday November 19, 2019**



8:40 am Assembly in the gym

Wear you Peace Choir T-shirt!

Tuesday November 26 is the last Tuesday practice for the first season.

Season Two starts Tuesday January 7, 2020.

Inquiry Corner with Kari Henderson



Lewis and Clark embarks on its first self-study throughout the 2019-2020 school year!

What is the self-study?

The self-study is a detailed and thorough reflection by all community members on all aspects of our program implementation. The self-study provides the Lewis and Clark community with an opportunity to reflect honestly and identify where we excel and what we can focus our attention on as we grow as an IB World School.

The conclusions of the self-study represent the perspectives of teachers, school leaders, students, parents and community members. **If you are a parent interested in being part of this process, please let your child's teacher know**, or contact our IB Coordinator, Kari Henderson at khenderson@mcpsmt.org



I'm Lewis YellowRobe, Native American Specialist. This is my second year in the Indian Education Program. I'm looking forward to the coming school year of classroom room work in four schools. I work in Lewis & Clark, Paxson, Lowell, and Jefferson Schools. I read Native American written children's book to all Kindergarten, 1st, and 2nd grade classes in these schools.

Class Reading: Story of the Seasons

In September 2019, I read *Story of the Seasons* by Verbena Green (Warm Springs Tribes) in Jefferson, Lewis & Clark, and Lowell Schools. The students heard how the tribe explains how the weather and planets organized the seasons and agreed to work together to help humans.

I have an exciting read aloud program designed for the school year that includes Native Hawai-ian, Kootenai, Tamaya Pueblo, Yurok, Cree Nation stories.

Lewis YellowRobe
lyellowrobe@mcps.k12.mt.us



Toiletry Drive

The 5th grade *Lynx Service Club* (LSC) will be collecting toiletry items November 8th-26th. Collection boxes will be at the front office until November 26th. LSC students will sort and donate items to L&C families in need, as part of The Giving Tree.



Lynx Service Club News!

Lynx Service Club has started! LSC is made up of 5th grade students at Lewis and Clark school we meet on Monday's at lunch and any 5th grader is welcome.

We work together to help our school and world. Some of the projects we organize include the toiletry drive, a food drive and selling popcorn to raise money for charities.

Another thing we do is recycle ♻ for our school every Monday!!

As a club we are always looking for new ideas of how we can help. If you have any ideas for us please contact Kylie Barnes at Barnes.fam@hotmail.com

Save the Dates!

December Hour of Code— The Hour of Code is returning to Lewis and Clark after school in December! Hour of Code sessions will be offered for kids who have never coded and want to try it; additional sessions will be provided for those who are a bit more experienced. Watch your email later in November for an invitation to sign up. This is a great, free opportunity to help your kids see how fun it can be to create things using computer science!

December 13—Native American Winter Mini Powwow at Russell Elem.
School 6:00-8:00 pm



February 11-27 - EAST Spring After-School Session. Can you lead or assist with a class? Help buzz adults in for pickup?
Contact Lisa at 728-2400 x 4355.

Lynx Wear Sale info coming soon! Just in time for holiday shopping for the kids!

Kristen Johnson and Dave Steele have offered to sponsor crayon and marker recycling at our school for the next **FOUR**

YEARS! The crayons will go to The Crayon Initiative, which remakes crayons into sterilized crayons that are easy for kids to hold. They send them to kids in hospitals all over the country. The markers will go to Crayola's Colorcycle program.

Dave's law firm (Geiszler Steele, PC Attorneys at Law) will pay for the crayons to ship, and Crayola covers shipping for the markers. Thanks so much to Kristen and Dave for making marker and crayon recycling possible at Lewis and Clark!



Counselor's Corner: A Note from Ms. Myers

ZONES of Regulation

A Self-Regulation Curriculum

At Lewis and Clark, we use the Zones of Regulation to talk about emotional regulation. The Zones is a self-regulation (self-control, impulse control) program; self-regulation refers to the best state of alertness for body and emotions for a specific situation. For example, when playing a game on the playground, it is beneficial to have a higher level of alertness and energy. However, the same state is not appropriate for learning in the classroom. Through the lessons, students are learning how to identify their feeling and to learn strategies to change the zone they're in to match the appropriate situation. We're putting extra focus on how to get to and stay in the green zone at school.

Try out the language at home! The more we generalize these concepts, the more practice students will get in self-awareness and self-regulation!

BLUE "RUNNING SLOW"	GREEN "GOOD TO GO"	YELLOW "CAUTION"	RED "OUT OF CONTROL"
Sad, Tired, Bored, Sick, Lonely	Focused, Calm, Ready to Learn, Happy	Excited, Nervous, Hyper, Embarrassed	Angry, Mean, Yelling, Aggressive
Strategy: stretch	Strategy: focus on the teacher	Strategy: deep breaths	Strategy: ask for a break



The Lifelong Learning Center is partnering with Families First to provide training in MCPS Elementary and Middle Schools. Call Families First at 721-7690 to register for the free classes and free onsite childcare or at www.childrensmuseummissoula.org

Helping Kids Cope with Learning Disabilities – Wednesday, November 6th – 6-8 PM at Chief Charlo Elementary Library. Although life with your child may at times seem challenging, it is important to remember that children with learning disabilities can and do succeed! As a parent, you can help create supportive home and school environments that will help your child be successful. In this class, you will learn strategies for helping your child cope with a learning disability to improve their life and the harmony of your entire family.

Let's Talk About Bullying, Peer Pressure and the Internet – Tuesday, November 19th 6-8PM at Russell Elementary Library – Bullying and peer pressure have always been relevant topics. With rapid advancements in technology and internet accessibility, it is crucial to talk more about their impact on modern life. Participants will engage in conversation and activities to build an understanding of how to handle bullying and peer pressure in the 21st century world. to help them manage their emotions by connecting and developing new skills.



Many thanks from the PTA and the FRC

Thank you to **Sonja Wolsky** for organizing the Coffee, Toffee, & Tea Fundraiser AGAIN this year! Sonja has led this amazing fundraiser for a number of years providing thousands of dollars to Lewis & Clark PTA programs. She will be missed next year!

Thank you to **Alissa Schumacher** for organizing the Ice Cream Social!

Thank you to **Macrae Peeples & Hillary Ogg** for organizing & helping make our students look great on picture day! And to **Lifetouch** for picture scholarships!

Thank you to **Macrae Peeples, Hillary Ogg, Katie Little, Tiara Knowles & Carey Boyce** for aiding with hearing screening!

Thank you to **Loni Koerne** for help displaying Lost and Found Items.

Thank you to **Christine Caldwell, Trish Madsen and Kim Anderson** for sorting and helping organize the FRC donation closet and art supplies.

Thank you to the following for the FRC donations: **Traci Good and family, Jaz Warner and family, Hilary Ogg and family, Kim Kees, the Garrett family, Paula Leslie and family, Kathryn Grady and family, Natalie Deschamps and family.**

Thank you to the many volunteers who helped with the Bus/Walk/ Bike school morning: **Loni Koerner, Shelby Riley, Mandy Snook, Liz and Carl Stotts, Angie Walker, Cindee Yates-Hansen, Jessica Stevenson, and Tracy Dahl.**

Even More Thanks From the PTA...

We are thankful for our great school community. We are thankful for 100+ members joining this year. And we are so thankful for the opportunity to sponsor the following: Ice Cream Social, part of the FRC specialist's salary, grants to teachers for supplies and field trips, staff appreciation, EAST after school activities, Outdoor Discovery Core maintenance, classroom technology, student service projects, special learning projects and more. We are only able to do these and others because of your generous support both through finances, input, and volunteering. Thank you for your help!

PTA membership can have any level of involvement. Volunteer at an event, come to meetings, lead a project, or support our efforts with you financial contribution.

However you do it, we appreciate your support!



Family Resource Center

Tracey Cravy and Lisa Hayhurst

728-2400 x4355 frclewis@mcps.k12.mt.us

Family Resource Center Hours: M,T,W,F 8:30-3:00

TH 8:30-2:00

November Wish List

Girls tennis shoes: sizes 11,13, 5 1/2

Boots: little girl/boy size 11, Big Boys/Big Girls sizes 4, 5, 6, 7

Snow pants: sizes 10-12, 12-14, 14-16

Girls Socks (warm): sizes 1-5

Girls Leggings - sizes 6

Healthy Snacks— granola bars, single serve



Arts Ignite Learning

Check out Lewis and Clark's second grade class in the news! Lewis and Clark's second grade students worked with SPARK! Arts teaching artist, Lulu Delphine, to learn about science through photography for their arts integration residency opportunity. <https://www.kpax.com/community/arts-education/arts-and-education-a-new-way-to-look-at-science>

On October 23-25, all of Lewis and Clark's fifth graders visited the Missoula Art Museum to get an interactive tour of the galleries, and received art instruction in the museum's classroom as the fifth grade SPARK! Arts enhancement experience.

Stay tuned to upcoming SPARK! Arts events here: <https://www.sparkartslearning.org/calendar/residencies-events/>

Lewis and Clark Elementary Holiday Program

A Cowboy Holiday!

**Tuesday,
December 17, 2019**



9:00AM: Band & Orchestra

1st/2nd: Greil; Langella

5th: Ferrell; Garland;
Johnson/Kerney

10:15AM: KG – Kemmis; Winter

1st/2nd: Griffin; Henderson/
Vanek; Sharkey
4th: O'Connor; Jones; Wyatt

1:00PM: KG – Paoli; Cooper

1st/2nd: Aldrich; Bond; Meurer;
3rd: Hougard; Jensco;
Mosbacher;

**Holiday Sing-Along:
Friday –
December 20, 2019**

K; 1st; 2nd - 12:45-1:15

3rd; 4th; 5th - 1:20-1:50