#### A Newsletter of the Lewis & Clark Elementary Family Resource Center (FRC) and the Parent Teacher Association (PTA)



# Lynx Link

November 2018

## November

Calendar-at-a-Glance

2-20 L&C Toiletry Drive

4 Daylight Savings Time Ends

6 Election Day– VOTE!

8 Half Day for conferences

9 No school—Conferences

13 Caffé Dolce PTA fundraiser

16 Giving Tree begins!

27 PTA Meeting—11:50 am

21-23 Thanksgiving Break— No School

27 Individual Picture Retakes

29 Internet Safety- C.M. Russell Elementary library

## Toiletry Drive

The 4th grade Lynx Service Club (LSC) will be collecting toiletry items November 2nd-20th. Collection boxes will be at the front office until Nov. 20th. LSC will sort and donate items to L&C families in need,



as part of the Giving Tree.

### Internet Safety: What Parents Need to Know

## Thursday, November 29th—5:45-7:45 pm C.M. Russell Elementary Library 3216 S Russell St., next to the YMCA

Join us for a presentation by Missoula Police Detective Peterson and conversation about how to keep our kids safe online. Detective Petersen is part of the Montana Internet Crimes Again Children (ICAC) Task Force.

Light Dinner Provided. Childcare available, if pre-registered. Registration strongly encouraged.

Register online at <u>https://goo.gl/forms/PLUY48jxrkTD1a7u2</u> or by calling 327-6949.Questions: Contact Tracey or Lisa in the Family Resource Center.



# The Giving Tree Is Coming!

The Giving Tree is a wonderful opportunity for our L&C school community to donate or receive assistance during the upcoming holiday season.

You can participate by adopting a family or taking an ornament from our tree, located on the bulletin board across from the front office, starting November 17th. If your child's classroom or your family, church, or business is interested in "adopting" a family or in making a monetary donation,



please contact one of the Family Resource Specialists—Tracey Cravy or Lisa Hayhurst. They can be reached at 728-2400 x4355, <u>frclewis@mcps.k12.mt.us</u>, or stop into the Family Resource Center (SE corner of the gym). M, W, F 8:30-3:15 or T, Th 8:30-1:30.

Please keep in mind wrapped gifts are due to the FRC (with the ornament attached) by Friday, December 14th.

IB Attitude of the Month—Confidence



# From the Principal's Office:

#### Dear Parents,

The week of Nov. 5 - 8 will be Parent Teacher Conference time at Lewis and Clark. In order to meet with all parents, teachers schedule conferences throughout the week to accommodate varying schedules.

Reporting student progress is an essential part of the communication and partnership between school and home. The Missoula County Public School Elementary School report card is a Standards-Referenced report, meaning that the student's status is reported (or referenced) relative to the grade-level performance standard for each area of knowledge or skill. With a standardsreferenced approach, teachers evaluate student learning using classroom observation, student classroom work and formative and summative assessments. The combination of these pieces of evidence when reviewed with parents provides a more detailed picture of student progress. It tells the parent what the student can do and to what degree. This, in turn leads to identification of and direction for future learning goals. Kindergarten, 1st, 2nd, 3rd, 4th and 5th grade report cards are completely standards referenced. Proficiency is based around an end-of-year benchmark rather than a trimester benchmark.

On a standards-referenced report, a mark of 3 "Proficient" is the expected goal for students by the end of the year. A 3 indicates the student is performing at grade level and demonstrates all skills and knowledge within the grade-level standard. Marks of a 2 "Nearing Proficiency" indicates a student demonstrates some skills and knowledge within the standard and is approaching standard. Many students will be at a 2, working throughout the school year towards skills and knowledge required to show proficiency within the grade-level standard. Marks of 1 indicate a student can demonstrate some skills and knowledge within the standard, with help and is beginning to build foundational skills toward grade level standards. Marks of a 4 "Advanced" indicate the student exceeds all skills within the standard by demonstrating more complex understanding and is performing above grade level.

The standards are statements of what MCPS students in grades K-12 should know and be able to do. Below are links to MCPS Grade Level Standards:

<u>K - 5 ELA Standards</u>	K - 5 Math Standards

Frequently asked questions:

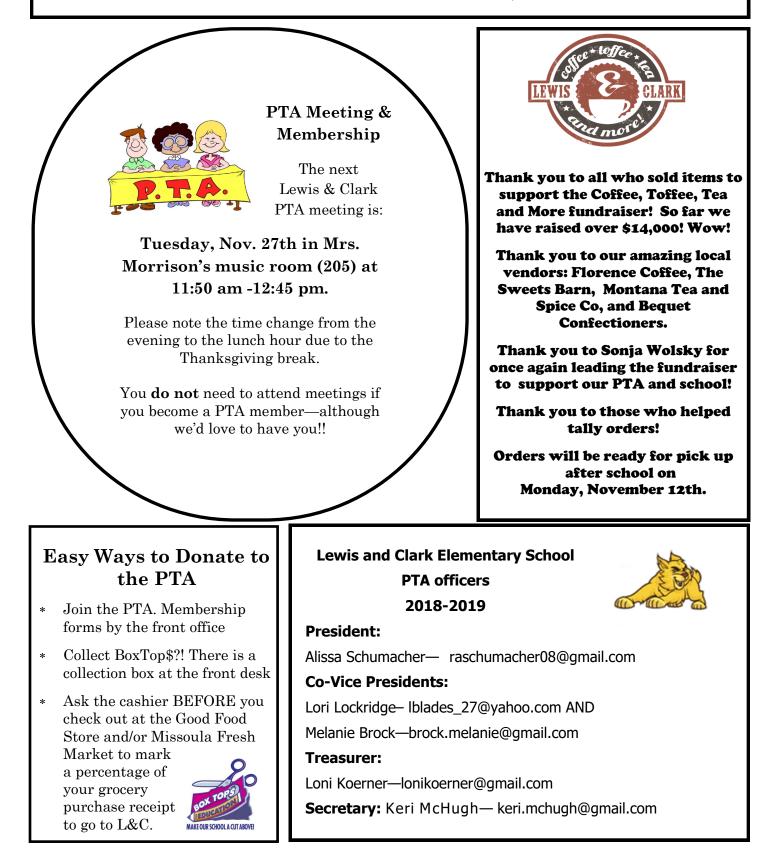
**Should all standards be demonstrated by the end of the year?** Yes. The standards are grade specific; therefore, the goal is to have every student demonstrate proficiency, reach a mark of 3 in all grade-level standards by the end of the year.

**Are Habits/Attitudes included as part of an academic score?** No. Habits and Attitudes are not included when determining a student's academic score. Habits and Attitudes are reported separately on the report card based on the school's expectations around Respect, Responsibility and Safety. We consider Habits/Attitudes equally important to academic progress.

Questions? If you have further questions regarding MCPS Elementary report cards, please contact principal, Susan Anderson 406 (542-4035). Happy November!

# The PTA Page

The Parent-Teacher Association of Lewis & Clark Elementary School strives to build an enriching school culture and a welcoming environment for all children, parents, and staff.



# CAFFÉ DOLCE

Mark your calendar and spread the word about Lewis and Clark PTA's fundraiser at Caffe Dolce (500 Brooks St.) on **Tuesday, November 13th**.

Caffe Dolce will donate 15% of Nov. 13th's evening's sales (anything after 5 pm, including takeout!). Additionally, diners are encouraged to make an additional donation, which can be processed through their credit card terminals, or written out directly as a check made payable to the L&C PTA.

Reservations are strongly encouraged! Call 406-830-3055 x3 or via opentable: <u>caffedolce.com</u>.

## The Power of a Sharpie...

Mark your kiddos' items with legible first and last names so

they can be returned to students or claimed easily.

Other lost items that are not identified or claimed are donated to a free clothes closet or become part of the FRC inventory.

Lost and Found will be on display October 31st— Nov 9. Take a look and claim your lost items!



## LYNX WEAR

## **On sale soon!**

Orders will be placed in November, and items will be delivered before the Holiday break. New this year: online ordering! This should allow for easier visualization of products offered, and simplify ordering. The purpose is still the same: showing our Lynx pride! Watch for more info coming soon. And thank you for your continued sup-

port of our fantastic school!







The Peace Choir will perform as part of the Patriotic/World Citizen Sing-Along on

Veteran's Day,

#### Monday November 12, 2018

8:40-9:10am

#### Singers please wear your <u>Peace Choir t-shirt</u> on that day!

Although this is not a stand-alone performance, Peace Choir parents are welcome to join on the sidelines of our all-school assembly.

Tuesday November 13, 2018 (the next morning) will be the final day of our first season.

The second Peace Choir season will be

January 22 – March 19, 2019.

## Inquiry Corner with Kari Henderson



# What is the PYP Action Cycle?

The Action Cycle is an important part of a student's experience in an IB World School. Students are encouraged and expected to **reflect** on their learning, to think about a **choice** based on their understandings, and to take **action** to support their choice.

 $\checkmark$  If you have noticed your child taking action as a result of his or her participation in an IB unit of inquiry, please share what you have seen or heard with us. Remember that action can be demonstrated in many ways and can include anything from a conversation about a concept, a change in behavior, to working with adults and peers to set up a fundraiser to help a cause.

To print out a Student Action Sheet you can click on the International Baccalaureate section under the "About Us" tab on the Lewis and Clark website and choose the Action Cycle tab, or take one from the IB bulletin board at the front office. Thank you for taking the time to share with us!



\*IB information is on our school website under the "About Us" tab.

Feel free to contact your child's teacher or Kari Henderson, our IB Coordinator, for more information. 728-2400 ext. 4396

#### **Morning Movement:** Get moving with Mrs. O'Connor and Mrs. Winter on Wed & Thurs Mornings: September 26th to November 15th.

#### **RUNNING CLUB**

Wednesdays Thru November 14th

8:00-8:25 AM on the PLAYGROUND (Until it gets too cold/wet)



#### **CREATIVE MOVEMENT**

Thursdays

Thru November 15th

8:00-8:25 AM in the GYM





Girls Leggings - sizes 5-14

Lynx Service Club News! Hi Lewis and Clark families! We are part of Lynx Service Club a.k.a. LSC. We are a group of fourthgraders who volunteer our time on Mondays during lunch. We have parent volunteers that help us run LSC. Every week we pick up recycling for our school and we also do different projects throughout the year such as the toiletry drive, the Super Bowl food drive, and once a year a global project. LSC is open to any 4th grader. On behalf of LSC, Violet Pehan and Patrick DelHomme

P.S. LSC is run by L&C parents Kylie Barnes &Lisa McKinney, and former L&C teacher Jackie Harper. If you have any questions or IDEAS for projects please feel to contact Kylie at: <u>barnes.fam@hotmail.com</u>



Since head lice is not uncommon in school age children, the district wants to remind parents of resources and the school procedures which are located on the district website (<u>www.mcpsmt.org</u>)  $\Rightarrow$  student services  $\Rightarrow$  health services  $\Rightarrow$  head lice. You may also contact the family resource centers (rm. 126) or the school nurse for written information or resources. Remember that:

• People usually don't have symptoms of having head lice for several weeks after becoming infested. A common symptom is itching which is also common with dandruff and dry skin.

• People get head lice from other infested people mostly when they have head to head contact as head lice do not fly, swim or jump.

• It's easier to treat head lice when found "early" so checking hair for head lice at home is important for any symptoms or even periodically.



### Save the Dates!

**December 3-6 Hour of Code**— The Hour of Code is returning to L & C, open to students in grades 1st-5th. No coding expe-

rience necessary! Registration details coming via email after Thanksgiving.

December 14— Native American Winter Gathering at CS Porter Middle School 6:00-8:00 pm





**February 5-28 -EAST spring afterschool session.** Can you lead or assist with a class? Contact Lisa at 728-2400 x 4355.

## Counselor's Corner: A Note from Ms. Myers

**ZONES** of Regulation

A Self-Regulation Curriculum

At Lewis and Clark, we use the Zones of Regulation to talk about emotional regulation. The Zones is a self-regulation (self-control, impulse control) program; self-regulation refers to the best state of alertness for body and emotions for a specific situation. For example, when playing a game on the playground, it is beneficial to have a higher level of alertness and energy. However, the same state is not appropriate for learning in the classroom. Through the lessons, students are learning how to identify their feeling and to learn strategies to change the zone they're in to match the appropriate situation. We're putting extra focus on how to get to and stay in the green zone at school.

Try out the language at home! The more we generalize these concepts, the more practice students will get in self-awareness and self-regulation!

BLUE "RUNNING SLOW"	GREEN "GOOD TO GO"	YELLOW "CAUTION"	RED "OUT OF CON- TROL"
Sad, Tired, Bored, Sick, Lonely	Focused, Calm, Ready to Learn, Happy	Excited, Nervous, Hyper, Embar- rassed	Angry, Mean, Yell- ing, Aggressive
Strategy: stretch	Strategy: focus on the teacher	Strategy: deep breaths	Strategy: ask for a break



Lewis and Clark Student Council 2018-19 is up and running! Each student representative was elected by his or her class. Representatives from Fifth grade: 5F—Dashel Deschamps and Emily Pereira ; 5G—Sylvie Kendrick and Cydney Tawney; 5J – Bela Freidman and Adelaide Three Irons. Fourth grade: 4C Ashton Huse and Avery Corbin ; 4J—Oliver Darrington and Naya McKinney; 4W- Cora Barnes and Jack Pew Webmaster—Finley Chatlain The purpose of Student Council is to let students

participate in a democratic forum to make the school a better place. Each will bring ideas from the classroom to the Student Council discussion where all ideas will be treated equally. Each representative will bring back to the classroom the minutes of the meeting and will ask for class votes on major issues. Student Council represents YOU, the student! Please have a voice in making the school a better place. Meetings are at **lunchtime every other on Wednesday** in Mrs. Ferrell's class and everyone is welcome to attend.

#### **Reminder!**

Please dress your child(ren) for the cold, wet weather. Students will be going outside to play each day, three times a day, unless it is below zero or a complete downpour. Students should wear a warm coat, mittens, a hat, and rain/snow boots. If you are unable to provide these items for your child, please contact the FRC for assistance! 728-2400x4355



## Many thanks from the PTA and the FRC

Thank you to **Sonja Wolsky** for organizing the Coffee, Toffee, & Tea Fundraiser AGAIN this year!

Thank you to Angie Tranel for organizing the Ice Cream Social!

Thank you to Macrae Peeples, Hillary Ogg, & Katie Little for organizing & helping make our students look great on picture day! And to Lifetouch for picture scholarships!

Thank you to Macrae Peeples, Tiara Knowles, Katie Little (and her mom!) and Kitsy Borgstadt for aiding with hearing screening!

Thank you to Hilary Rivers for help displaying Lost and Found Items.

Thank you to **Angie Walker, Hilary Rivers and Jessica Stevenson** for sorting and helping organize the FRC donation closet.

Thank you to **Jennifer Hurley & Dessa Dale** for helping pull & organize winter outerwear from the FRC closet to give to L&C kids in need!

Thank you to the following for the FRC donations: Roberta Kerr, Melissa Cooper, Wolsky Family, Julie McClelland, Elizabeth Fricke, the Good family, Schumacher family, Cardinal family, Schick family, Thompson family and Jensco family.

Thank you to the many volunteers who helped with the Bus/Walk/ Bike to school morning: Loni Koerner, Katie Little, Alissa Schumacher, Liz and Carl Stotts, Angie Walker, Cindee Yates-Hansen, Jessica Stevenson

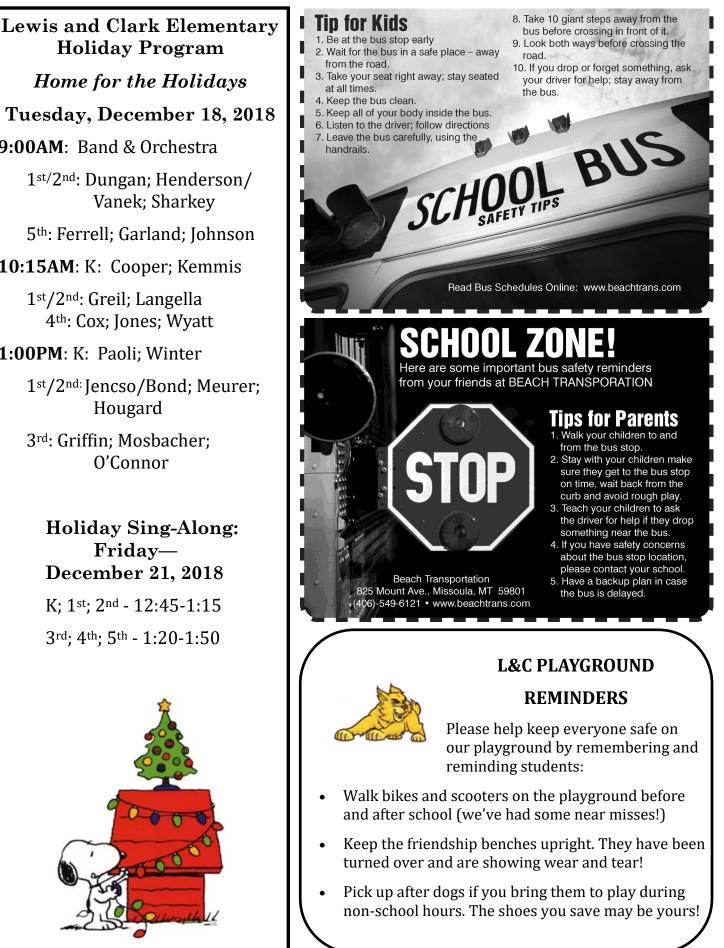
## **Even More Thanks From the PTA...**

We are thankful for our great school community. We are thankful for 100+ members joining this year. And we are so thankful for the opportunity to sponsor the following: Ice Cream Social, part of the FRC specialist's salary, grants to teachers for supplies and field trips, staff appreciation, EAST after school activities, Outdoor Discovery Core maintenance, classroom technology, student service projects, special learning projects and more. We are only able to do these and others because of your generous support both through finances, input, and volunteering. Thank you for your help!

PTA membership can have any level of involvement. Volunteer at an event, come to meetings, lead a project, or support our efforts with you financial contribution.

However you do it, we appreciate your support!





**Holiday Program** Home for the Holidays

Tuesday, December 18, 2018

9:00AM: Band & Orchestra

1<sup>st/2<sup>nd</sup>: Dungan; Henderson/</sup> Vanek; Sharkey

5<sup>th</sup>: Ferrell; Garland; Johnson

10:15AM: K: Cooper; Kemmis

1<sup>st</sup>/2<sup>nd</sup>: Greil; Langella 4<sup>th</sup>: Cox; Jones; Wyatt

#### 1:00PM: K: Paoli; Winter

1<sup>st</sup>/2<sup>nd:</sup> Jencso/Bond; Meurer; Hougard

3<sup>rd</sup>: Griffin; Mosbacher; O'Connor

> **Holiday Sing-Along:** Friday-December 21, 2018

K: 1<sup>st</sup>; 2<sup>nd</sup> - 12:45-1:15 3rd: 4th: 5th - 1:20-1:50

